TRUST 2 BELIEVE | SOGOL PHILIPSON, LCSW

Electronic Communication Preferences & Consent

DRAFT — FOR CLINICIAN AND CALIFORNIA LEGAL/COMPLIANCE REVIEW

LCSW #66853 | 4199 Campus Drive, Suite 550, Irvine, CA 92612 | Telehealth only

Communication channels

I understand standard email, SMS, and voicemail may present privacy risks. They are intended primarily for scheduling and administrative matters; I should not send urgent or sensitive clinical details through unsecured channels.

Select preferences

Appointment reminders by: [ ] secure portal [ ] SMS [ ] email [ ] phone [ ] none. Voicemail allowed: [ ] yes [ ] no. Administrative SMS allowed: [ ] yes [ ] no. Administrative email allowed: [ ] yes [ ] no.

Limits

Messages may not be monitored continuously and are not for emergencies. I may change my preferences by notifying the practice. Communications involving protected health information will be handled under applicable privacy requirements and practice safeguards.

Emergency guidance

For an immediate emergency call 911; for U.S. mental health crisis support call or text 988.

Client name: _____ Date: _____

Client signature: _____ Date: _____