Couples Therapy Agreement — Conditional Use

DRAFT — FOR CLINICIAN AND CALIFORNIA LEGAL/COMPLIANCE REVIEW

LCSW #66853 | 4199 Campus Drive, Suite 550, Irvine, CA 92612 | Telehealth only

Scope

This optional document is for use only if the practice later offers couples therapy. It is not applicable to the currently confirmed adult individual telehealth-only service model.

Joint treatment

The therapist must explain who the client is, treatment goals, confidentiality boundaries between partners, records access, handling of individual disclosures, and whether any no-secrets policy applies before beginning couples therapy.

Required decisions

Couples therapy offered? [ ] yes [ ] no. Policy on secrets: _____. Records access policy: _____. Financial responsibility: _____. These decisions require clinician and legal review.

Acknowledgment

Both participating adults should sign a finalized version before conjoint treatment begins.

Client name: _____ Date: _____

Client signature: _____ Date: _____